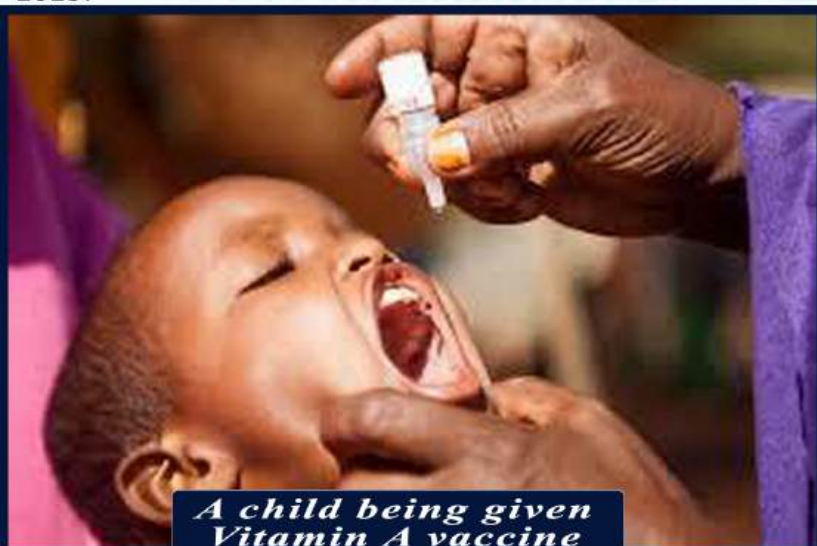


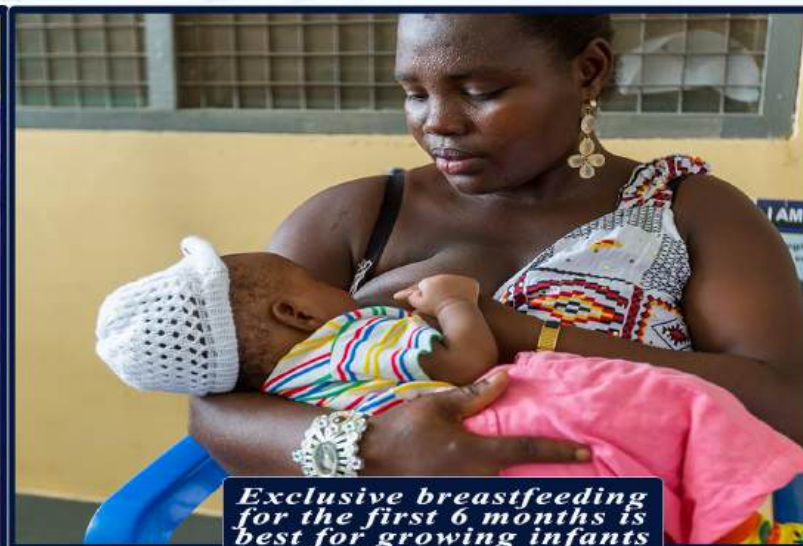
## GIVING CHILDREN OUR MAXIMUM BEST

Several hundreds of Ghanaian children are denied of basic healthcare needs because parents, guardians and other caregivers who are supposed to provide them with such life necessities are simply not there for them due to one reason or the other.

It is really disheartening to see children as young as two (2)-year-olds who have been rendered orphaned due to drowning of their parents. A number of them have also dropped out of school as a result. These came to light, during a working visit to Bruben, a fishing community within the Afram Plains municipality of the Eastern Region on July 16, 2025.



*A child being given Vitamin A vaccine*



*Exclusive breastfeeding for the first 6 months is best for growing infants*

Crystal News interacted with some community members who indicated that those who fall within the dropout category needed just pairs of shoes, bags and uniforms to be enrolled back in school.

The above information is meant to draw the attention of people in authority about the need to give children, who represent the future of the country the best they deserve as far as their health and general wellbeing is concerned. Crystal News believes that every child deserves not just a healthy future, but one that is full of hope.

As we focus on child health in this month of August, parents, guardians and other caregivers are being reminded to give children the healthy start they deserve. Ghana in May this year joined the rest of the Continent to formally launch the 2025 African Vaccination Week (AVW) with a renewed commitment to strengthening child health services and expanding immunization coverage across the country. The theme for the year, 'Healthy Beginnings, hopeful futures', sought to among other things, sensitize parents and guardians on the importance of making their children available for vaccination and offering them the needed care they deserve.

The Child health Promotion Week which further emphasized the fact that, every child deserves the chance to grow up healthy and strong, offered free essential services such as immunizations, Vitamin A administration, birth registration, growth checks and malaria prevention tips among others.

Crystal News is happy to learn that during the period, the Ghana Health Service through the Ministry of Health in partnership with its development partners used the occasion to introduce two (2) new vaccines in addition to the existing ones as part of the country's life-course immunization strategy. The new vaccines are the Human Papilloma Virus (HPV) vaccine for adolescent girls and the Hepatitis B birth dose for newborns.

Childbearing parents are reminded that exclusive breastfeeding, immunization and timely care during illness all contribute to the child's healthy growth and development. Moreover, providing clean air, water and sanitation as well as ensuring safe places for play and recreation are likewise, important for young children to explore and learn.

### Inside this issue :

- ✓ New Crystal Hospital supports Ashaiman S.H.S.
- ✓ CEO'S Message
- ✓ Good News for Young Adolescents
- ✓ Crystal Puzzle
- ✓ The Six(6) Killer Diseases



# NEW CRYSTAL HOSPITAL SUPPORTS ASHAIMAN S.H.S

Authorities of Ashaiman Senior High School (SHS) have taken delivery of four (4) hospital beds and other emergency medical items at a brief ceremony at Ashaiman in the Greater Accra Region.

The items, meant to help equip the school's sick bay, were donated by the management of New Crystal Hospital on Tuesday July 29, 2025. They included four (4) modern hospital beds, thermometer gun, BP device, gloves, first aid medications and gauzes among others.

The donation according to Mr. Abednego Tetteh, Marketing Manager of NCHS, formed part of the hospital's Corporate Social Responsibility to the community in which it operates.

Speaking to Crystal News in a telephone interview, he said the donation formed part of the hospital's broader commitment to providing quality, affordable healthcare services to the people of Ashaiman and beyond.

Presenting the items, the group Chief Executive Officer (CEO) for the hospital, Dr. Wisdom Amegbletor, assured the school that the doors of NCH are always opened for any assistance. He urged the school to put the items into good use so as to serve the purpose for which they were donated.

Madam Jemima Quarshie, headmistress of the school and Mr. King Essel, the school's Board-chair who jointly received the item, thanked New Crystal Hospital for the kind gesture. The headmistress appealed to the hospital to adopt the school's Sick Bay in order to help it stay equipped at all times



*Officials of NCHS and authorities of the school pose for the camera after the donation*

*INSERT: The donated medical items*





## CEO's MESSAGE

Dr. Wisdom Amegbletor  
Founder and CEO, New Crystal  
Health Services Ltd.

Dear Valued Clients, Partners, and Community Members, Welcome to the month of August. As we journey through the second half of the year, I encourage us all to renew our commitment to making health and wellness a daily priority. At New Crystal Health Services, our mission remains clear, to provide accessible, quality healthcare that meets the needs of individuals and families at every stage of life.

This month, we join the global community to observe World Breastfeeding Week from August 1 to 7, under the theme "Prioritise Breastfeeding: Create Sustainable Support Systems." Breastfeeding is not only a vital foundation for child survival, but a key pillar in improving maternal health and nutrition. At New Crystal, we stand firmly in support of breastfeeding mothers. Our maternal and child health teams continue to offer education, counseling, and safe spaces across our facilities to ensure that women and their babies are well-supported.

As also take this opportunity to re-affirm our deep commitment to women's health. From antenatal care to specialized women's clinics, we are steadily expanding our services to ensure that every woman, regardless of background or status, has access to respectful, comprehensive, and compassionate care. Finally, I encourage everyone to make time this month for regular health screenings. Early detection remains one of the most powerful tools in preventing and managing health conditions. Whether it's checking your blood pressure, screening for diabetes, or scheduling a consultation with your doctor, don't wait for symptoms to appear. Prioritize your health.

Thank you for trusting New Crystal Health Services as your partner in wellness. Together, let's keep growing stronger, healthier, and more informed.

Warm regards,

## GOOD NEWS FOR YOUNG ADOLESCENTS

Young girls between the ages of 9-14 years can heave a sigh of relief following recent announcement that Government has released an amount of \$24million to the National Vaccine Institute to help procure vaccines to vaccinate young adults against the Human Papilloma Virus (HPV).

The nationwide exercise is expected to roll out in September this year

As part of preparations towards the exercise, key pharmaceutical companies have been urged to produce some of the vaccines locally.



# HOW WELL DO YOU KNOW THE 6 KILLER DISEASES?

Below are names of the 6 killer diseases which mostly affect children between the ages of 0-5 years:

- ✓ Malaria
- ✓ Tuberculosis
- ✓ Whooping Cough
- ✓ Acute lower respiratory infections
- ✓ Measles
- ✓ Diphtheria

Here in Ghana, the six deadly infectious diseases; Pneumonia, Tuberculosis, Diarrhoeal diseases, Malaria, Measles and more recently HIV/AIDS are said to account for half of all premature deaths, thus, killing mostly children and young adults.

## Crystal Word Puzzle

Direction : Find and circle the health and wellness word in the puzzle below!

M	A	M	H	E	M	A	S	T	R	E	N	G	T	H
X	R	E	V	M	U	M	C	I	D	K	I	A	I	B
P	T	N	S	O	C	I	A	L	N	C	E	Q	O	L
H	N	T	E	T	I	S	P	I	R	I	T	U	A	L
Y	S	A	L	I	C	U	E	Y	I	P	G	A	O	H
S	A	L	L	O	G	R	A	Y	L	H	B	B	G	I
I	T	C	H	N	U	T	R	I	T	I	O	N	Y	S
C	S	E	W	A	O	K	A	N	Y	S	D	G	N	H
A	T	R	A	L	A	L	A	U	G	H	Y	M	O	E
L	R	O	G	R	A	P	H	Y	D	C	Y	I	S	A
F	E	X	E	R	S	I	C	E	E	S	P	N	D	L
A	S	G	W	M	A	R	E	A	D	I	R	D	L	T
M	S	L	I	F	E	S	T	Y	L	E	A	N	Y	Y
S	P	O	R	T	N	N	S	W	I	M	Y	I	N	G

- |             |             |             |
|-------------|-------------|-------------|
| • Physical  | • Exercise  | • Pray      |
| • Emotional | • Mind      | • Nutrition |
| • Laugh     | • Social    | • Healthy   |
| • Strength  | • Body      | • Stress    |
| • Lifestyle | • Spiritual | • Mental    |



EMERGENCY



HEALTHCARE



DIAGNOSIS

### General Services

- General Consultations
- Emergency Services
- Pharmacy
- Maternity & Child Health
- Dental Care
- Health Screenings
- Home Care Services
- Corporate Health Services
- Nutrition & Wellness Counseling

### Diagnostic Services

- CT Scan
- Digital X-Ray
- Laboratory
- Ultrasound
- Mammography
- Electrocardiogram
- Endoscopy

### Specialist Services

- |                      |                        |
|----------------------|------------------------|
| • Dermatology        | • Obstetrics           |
| • Gynecology         | • Surgeon              |
| • Pediatrics         | • Physician Specialist |
| • Ear, Nose & Throat | • Urology              |

### Our Branches

- Tema
- Takoradi
- Ashaiman
- Adjei Kojo
- Michel Camp